

Welcome to the first edition of The Zone - our student newsletter which is packed full of news, events and student success stories.

We are already half way through the Autumn term and we are so proud of how you have all adapted to the safety guidelines in college and the new way of working. Keep up the good work!

WELCOME

YOUR STUDENT PRESIDENT



Student President for the Student Partnership Council this year is Carmen Dowling, currently studying Graphic Design Level 3.

Passionate about supporting all the students at JRC, Carmen is full of ideas to make this year a very successful one.

LET YOUR VOICE BE HEARD!

The Student Partnership Council are keen to hear your suggestions and ideas for improvements to your college experience. Carmen and Edison (Vice President) can be contacted by email at: yourvoicematters@johnruskin.ac.uk.

>> REMINDER: COVID-19 SAFETY >>

It's really important that students, staff and visitors remember to wear a face covering in all communal areas around College as well as when travelling on public transport (unless exempt due to health reasons).

Face coverings reduce the spread of coronavirus droplets from coughs, sneezes and speaking alongside regular hand washing and social distancing.



HANDS



FACE



SPACE

NHS Test & Trace App

PROTECT YOUR LOVED ONES with the official NHS COVID-19 Contact Tracing App available to download from the App Store or Google Play.

It's the fastest way of knowing when you're at risk from coronavirus (COVID-19). The quicker you know, the quicker you can alert your loved ones and your community.

And remember, if you have symptoms or test positive, please do not come in to College and call 020 8651 1131 to report your absence and the reason.



Building a brighter future

Over the summer our new Construction Skills area was transformed to provide modern industry-standard workshops – we are excited to now offer Levels 1 to 3 in many aspects of construction, focusing on practical skills as well as the health and safety and theory aspects.

Opening in 2021 – building work continues on the new Construction Skills Centre on campus, a project co-funded by Coast to Capital Local Enterprise Partnership to meet the growing needs of this sector.

For more information on our new Construction courses visit:
www.johnruskin.ac.uk/full-time-courses



SHPRESA TALKING TO ESOL STUDENTS

ESOL students enjoyed a talk with Luli from Shpresa, a charity aimed at providing advice for Albanian speaking people in the UK to improve their life and education. Luli discussed the opportunities available, providing advice on volunteering and getting involved with local communities.

She focused particularly on the work to improve the quality of life of young people from refugee backgrounds and the difficulties faced by refugee children. The charity organises days out, clubs and sports games to build leadership skills which can help improve employment and education prospects.

The presentation finished with Luli advising students to strive towards their dreams and aspirations. To find out more about Shpresa visit: www.shpresaprogramme.org



Former JRC student talks about Palace for Life Foundation

Former Sports student, George Henry returned to JRC in September to talk about his work as Targeted Intervention Manager at Palace for Life Foundation, the official charity of Crystal Palace FC.

Palace For Life has been working with the south London community for over 25 years to change the lives of young people inspiring them to find a better path and to lead a healthier life.

George delivered a presentation to our teaching and support staff about the Young Londoners Fund (Croydon Communities Partnership against Trauma) on how Palace for Life has helped and continues to help young people across the region.

It was also great to see what George has been up to since he left JRC too – he commented “even walking down the corridor just now, I thought how it was good to be back”.



To find out more about Palace for Life, visit: www.palaceforlife.org

SKILLS WEEK

Skills Week this term was a huge success and a great opportunity for students to hear from a wide range of employers who hosted a range of careers based sessions – here are some of the highlights...

CROYDON COUNCIL VIRTUAL VISIT

Katie spoke to our Health & Social Care students about all the career opportunities in the Care sector. Katie heads up the Employment Pathways team at the Council, working with young people on Apprenticeships, work experience opportunities and industrial placements as well as upskilling existing Council staff!

CROYDON
www.croydon.gov.uk

CO-OP CHILDCARE CROYDON VIRTUAL VISIT

Nursery Manager Adaku talked to our Childcare students all about working with children, teaching them to play and learn and then discussed how qualifications will help them progress in the Childcare profession.



VIRGIN ATLANTIC ON CAMPUS VISIT

Level 2 Cabin Crew students enjoyed a visit from Virgin Atlantic cabin crew member Karen, who shared details about her role and responsibilities, health and safety on board and the importance of their uniform. Students gained a valuable insight into this exciting career.



CELEBRATING BLACK HISTORY MONTH

In October, Black History Month celebrated the contributions that people of African and Caribbean backgrounds have made to the UK over many generations. Students participated in a cross college themed week supported by a tutorial theme of celebrating and participating in Black History Month which investigated various topics including ‘What is bias?’.

The LRC team also put together a fantastic display which celebrated prominent black cultural figures and their work including books about: the Windrush Generation, Nelson Mandela, Bob Marley, Rhianna, Lewis Hamilton and much more!

#blackhistorymonth

For more information visit:
www.blackhistorymonth.org.uk

Higher Education Virtual Talks

As students are starting to look at university applications for next year, they had the opportunity to get information and advice during virtual talks from various universities including: Durham, Solent and City University of London.

University ambassadors delivered virtual talks introducing the broad range of industry-focused degrees. They also discussed facilities and accommodation options, the great range of clubs and societies, scholarships and support available to students. Each talk was followed by a valuable Q&A session.

Looking to Study Locally?

JUST LAUNCHED – Check out the new range of University Level courses for 2021/22 – at East Surrey College in Redhill – study locally with lower tuition fees!



Find out more at: www.esc.ac.uk/about-higher-education

Part-time courses // apply now to start January 2021

Check out part-time courses for adults (19+) running throughout the year – it's really easy to sign up! There's something new each term so why not start the new year with a new skill or hobby?

There's a wide range of qualifications and leisure courses starting in January including: Photography, Textiles, Business & IT, Counselling, English & Maths, Languages, Teaching and Wellbeing.

Please share with friends or family members who may be interested in developing their skills or improving their employability!

BOOK ONLINE // www.johnruskin.ac.uk

PART-TIME

courses for adults 2020/21



Qualifications >> Leisure Courses >>

ACTIVITY PROGRAMME

AUTUMN TERM

Looking to get fit or join a team? Check out the autumn term Activity Programme to see what's on offer including table tennis, badminton, football and volleyball.

Or if you fancy trying something different there's also Manga Club, DofE Award, Model United Nations or Arts & Crafts Club!

To book a session, or to find out how these sessions are delivered in line with Government Covid Safety guidelines, pop into Client Services to speak to **Karl** or email him at: clientservices@johnruskin.ac.uk.



Looking to de-stress?
Need to talk?

Check out the helpful Mental Health display in the LRC for a range of wellness tips.

Take time-out to de-stress... drop in for a Mindfulness session – every Monday 12:45 – 13:30 in the Hub.

Need a quick chat about your thoughts or feelings?... our Wellbeing Officer will be available for a chat in the LRC Thursday and Friday, 12:30 – 13:30 or pop into Client Services and we'll be able to find support for you.

HAVE YOU GOT YOUR 16+ ZIP OYSTER PHOTOCARD?

Aged 16-17? If you travel to College on public transport you can get free or discounted travel on all London transport services with a Zip Oyster photocard. The card costs £20 and you'll need your parent or guardian to apply for you.

Apply online at: www.tfl.gov.uk/fares/free-and-discounted-travel/16-plus-zip-oyster-photocard



ON SOCIAL MEDIA?

Follow us on social media to discover JRC online! Keep up to date with the latest news and events from JRC, or hear inspirational stories from students.

Follow us on Twitter, Like us on Facebook or Connect on LinkedIn!

AVID INSTAGRAMMER? We're there too! Just scan this code in the app to follow us...



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GOT A STORY TO SHARE?

Students are at the heart of JRC, and we'd love to feature your news and stories on social media! If you have work you want to share, have just got on to your dream uni course, or have been doing some great work in the community, we can get your story heard! Drop us a message on social media or email marketing@johnruskin.ac.uk