



## Activity Programme

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
12-2pm THE HUB	11.45-1pm GYM (FS)	12.30-1.30pm STUDENT UNION	12-2pm THE HUB
1-2pm WOMEN'S FOOTBALL (SH)		1.30-2.30pm ВАДМІNTON (SH)	12-1pm GYM (FS)
1.30-4.30pm SALON TREATMENTS*		3-4pm FOOTBALL (SH)	1.30-4.30pm SALON TREATMENTS*
NEW FOR 2024! Salon Treatments		4-5pm BASKETBALL (SH)	
Facial Wellness Treatment Manicure and Pedicu Wellness Treatment *50% Discount for studer Bookings must be mad	ents, ure ts.		

via the Salon at least 7 days in advance.

## LOCATION KEY The Hub Sports Hall (SH) / Fitness Suite (FS) Atrium Salon

\*Please note that an induction must be completed before using the gym

For more information or to book your place, email the enrichment team at enrichment@osc.ac.uk, message us on MS TEAMS, or pop into the ENRICHMENT HUB!