

**AUTUMN 2024**

# Activity Programme

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Open all day <b>THE HUB</b>	Open all day <b>THE HUB</b>	Open all day <b>THE HUB</b>	Open all day <b>THE HUB</b>	Open all day <b>THE HUB</b>
12-1pm <b>5-A-SIDE FOOTBALL (SH)</b>		12.15-1pm <b>MULTI-SPORTS (SH)</b>	12.30-1.30pm <b>LGBTQIA+ CLUB</b>	
1-2pm <b>BASKETBALL (SH)</b>		12-2pm <b>MEET THE ANIMALS CLUB (N3)</b>	2-3pm <b>BOARD GAMES</b>	
		2.15-3.15pm <b>MULTI-SPORTS (SH)</b>	3-5pm <b>MULTI-SPORTS (SH)</b>	

## TREAT YOURSELF Salon Treatments

Facial Wellness Treatments,  
Manicure and Pedicure  
Wellness Treatments.

\*50% Discount for students.  
Bookings must be made  
via the Salon at least 7  
days in advance.

## LOCATION KEY

- The Hub
- Sports Hall (SH) / Fitness Suite (FS)
- Other Rooms (as marked)

\*Please note that an induction must be completed before using the gym