

VENUE AND DURATION OF COURSE:

John Ruskin College, Selsdon Park Road, South Croydon, CR2 8JJ, 1 year full-time.

ENTRY REQUIREMENTS:

- No formal qualifications are required; however you must show through initial assessment that you are working towards English and Maths at Level 1
- Positive reference from school including a high level of attendance and punctuality.
- You will need to source a work placement for 60 hours.

Health and Social Care courses are designed to equip students with the skills needed to provide care and support. Therefore, it is important to be able to build on skills and develop understanding around emotional resistance to cope with challenging situations and the demands of working within the healthcare sector.

WHAT QUALIFICATIONS WILL I GET?

NCFE CACHE Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings and GCSE English and Maths (for those who have not already achieved grade 9-4 (A*-C)).

COURSE DESCRIPTION:

The Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings aims to develop students' knowledge and awareness of health, social care and children's and young people's settings. It is aimed at students in school or college who wish to develop an understanding of the similarities and differences between these settings.

UNITS/TOPICS COVERED:

To gain this qualification, students must achieve a minimum of 37 credits (20 credits from the mandatory units and a minimum of 17 credits from the optional units). Students will complete units including:

- Understanding the Range of Service Provision and Roles within Health and Social Care (Adults, Children and Young People), Early Years and Childcare
- Understanding the Principles and Values in Health and Social Care (Adults, Children and Young People), Early Years and Childcare
- Awareness of Protection and Safeguarding in Health and Social Care (Adults, Children and Young People), Early Years and Childcare
- Introduction to Communication in Health and Social Care (Adults, Children and Young People), Early Years and Childcare
- Introductory Awareness of Equality and Inclusion in Health, Social Care and Children's and Young People's Settings
- Introductory Awareness of Health and Safety in Health, Social Care and Children's and Young People's Settings
- Introductory Awareness of Person-centred Support in Health, Social Care and Children's and Young People's Settings

- Understanding the Importance of Engagement in Leisure and Social Activities in Health and Social Care
- Introduction to a Healthy Lifestyle, Physical Disability and Mental Health
- Understanding Risk within Health, Social Care and Children's and Young People's Settings
- Job Opportunities in Health and Social Care

TYPE OF ASSESSMENT:

All units will be internally assessed using a range of methods which could include: written assignments or tasks such as designing a leaflet or booklet, charts or diagrams or setting up an information board.

EQUIPMENT NEEDED:

- Text books
- Stationery – ring binder, dividers, pens, note book, plastic wallets etc.
- Access to IT an advantage
- You will also be expected to wear appropriate trousers/skirt and shoes.

WHERE CAN IT LEAD?

The Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings allows for progression to the Level 2 Certificate in Preparing to Work in Adult Social Care, Level 2 Diploma for the Children and Young People's Workforce* and the Level 2 Diploma in Care*. The knowledge gained will provide valuable learning should a student choose to progress onto an Apprenticeship in a related area.

**Students should be at least 16 years of age for entry onto these qualifications.*

You may also gain employment with the health and social care sector in roles such as a home care worker, support worker, care assistant or a learning support assistant.

COURSE FEE:

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.

Please be aware there will be a cost of £48.00 (stc) for a DBS check, and there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.

WHAT TO DO NEXT:

If you have any outstanding queries please contact our Client Services team on 020 8651 1131 or at clientservices@johnruskin.ac.uk.

To apply online for this course please visit www.johnruskin.ac.uk.

Disclaimer:

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 020 8651 1131.