

# **BTEC level 3 Subsidiary, Full or Extended Diploma in Sport Edexcel**

## **What does the course involve?**

The course is delivered in 4 pathways: Core, Fitness Instructing, Physical Education & Athlete Support. Each pathway is delivered with vocational experiences in mind with each having an industrial visit, guest speakers, work based project and university visit linked to the pathway.

As part of your main programme of study you will work towards a qualification in Maths or ICT where appropriate.

[www.johnruskin.ac.uk](http://www.johnruskin.ac.uk)



## What units will I be studying?

You will study units such as;

- Nutrition
- Psychology
- Sports Injuries & Massage
- Fitness Testing & training
- Instructing Exercise and for Specific groups
- Practical Individual Sports, Rules & Regulations
- Leadership, PE & the Care of young people
- Assessing Risk in Sport
- Physiology
- Sports Coaching
- Current issues
- Organising events
- Sports Development.

## What are the career opportunities open to me if I take this course?

This will lead to University courses in various Sports disciplines such as Nutrition, Therapy, Coaching, Development & Business or Teaching for example. Those wishing to become a Physiotherapist need to consider that a BTEC route will require you to complete an HND or a Biomedical degree course and a Physiotherapy degree (6-7 years). The course may also allow you to move to supervisory or management programmes in Leisure Companies.



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### **Entry Requirements for Level 3 Qualifications (A Level Equivalents):**

Learners must have at least 4 GCSEs at grade C or above to include English (or equivalent) or a merit or above at a full level 2 course. For Science, grade C at GCSE Maths (or equivalent) is required.

Learners at all levels will be expected to undertake an initial assessment to ascertain they are on the correct level of course.

For further information telephone:  
**020 8651 1131**

Details can be subject to change.