

BTEC level 2 Diploma in Sport Edexcel

What does the course involve?

This is a one year course designed to develop your skills and knowledge in the areas of coaching and leadership, fitness instruction and the effect of exercise on the body as well as sports business and development. You will also improve your practical sports skills.

As part of your main programme of study you will work towards a qualification in English, Maths or ICT where appropriate.

www.johnruskin.ac.uk



What units will I be studying?

- You will learn about the body's biology applied to sport.
- How to test and train its fitness.
- How to improve your skills in individual and team sports.
- You will also learn about how you keep participants safe and deal with their injuries.
- The structure and issues of the industries.
- To lead sessions and organise events.

What is expected of me?

You will have to run coaching sessions and fitness tests.

What are the career opportunities open to me if I take this course?

This will lead to gaining knowledge in a variety of elements of sport & fitness, which could increase your chances of employment in this field, such as Sports Coaching and Fitness Instructing. As for academic progression you could attempt the Level 2 pathway in Football Coaching or the Level 3 Diploma's in Sport.



www.johnruskin.ac.uk

Entry Requirements for Level 2 Qualifications (GCSE Equivalents):

Learners must have at least 4 GCSEs D-E or above, including English (or the equivalent), and Maths (or the equivalent) where applicable for Science courses, or a merit or above at a full level 1 course.

Learners at all levels will be expected to undertake an initial assessment to ascertain they are on the correct level of course.

For further information telephone:
020 8651 1131

Details can be subject to change.