

# **NVQ Certificate in Hairdressing and Beauty Therapy**

## **Level 1 - City & Guilds**

### **What does the course involve?**

Assisting the stylist with perming and colouring services, shampooing, conditioning, blow-drying, skin care treatments, nail treatments preparing and maintaining the work area, presenting a professional image.

As part of your main programme of study you will work towards a qualification in English, Maths and ICT.

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## What units will I be studying?

### Mandatory units

- Ensure responsibility for actions to reduce risks to health and safety
- Prepare and maintain salon treatment work areas
- Contribute to the development of effective working
- Shampoo and condition hair
- Prepare for hair services and maintain work areas

### Optional units

- Blow dry hair
- Assist with hair colour services
- Assist with perming hair services
- Plait and twist hair using basic techniques
- Remove hair extensions
- Assist with facial skin care treatments
- Assist with day make-up
- Assist with nail services
- Assist with salon reception duties

## What are the career opportunities open to me if I take this course?

After successfully completing this qualification you can progress into employment as a junior or to study: NVQ Level 2 Hairdressing; NVQ Level 2 Barbering; NVQ Level 2 Beauty Therapy; Apprenticeship in Hairdressing, Barbering or Beauty Therapy.



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### Entry Requirements for Level 1 Qualifications:

Learners must prove that they are working at Entry Level 3 in English/ Maths by undertaking an initial assessment and a vocational skills test at induction.

For further information telephone:  
**020 8651 1131**

Details can be subject to change.