

Sports & Biomedical Sciences 2012



Level 4 HNC Diploma in Sports Therapy

Course Description

The course covers 10 units within 3 clear pathways; (1) Enhancing Physiology Capabilities — focussing on Human Anatomy & Physiology, Training & Fitness & a Research project. (2) Treating the Injured Athlete — focussing on Injury Prevention & Treatment and Sports Massage. (3) Applied Sports Science - focussing on Psychology, Biomechanics & Research methods.

On completion of your VTCT qualification (Multiple choice exam and portfolio) you will be able to practise Sports Massage professionally and become a member of the Sports Massage Association.

How does the course run...

The course will be delivered on Tuesday & Thursday evenings as well as Wednesday morning. Following your first aid qualification, you will also be expected to keep a log of pitch side support with local sports teams. The cost of the course is £2950.

You will also be expected to purchase and wear your Sports Therapy kit during the Wednesday morning sessions.

Qualifications that can be achieved...

- Edexcel BTEC Level 4 HNC Diploma in Sport & Exercise Sciences (Sports Therapy)
- VTCT Level 3 Certificate in Sports Massage Therapy
- First Aid qualification

What is expected of me?

You must have 160 UCAS points from a maximum of 3 A-Levels or an MM at BTEC Level 3 Diploma / MPP at BTEC Level 3 Extended Diploma in a relevant subject. You must also be able to prove that your English & Maths is at least Level 2 from GCSE equivalent grade C or above or a Pass in Literacy & Numeracy

What does the qualification lead to?

The qualifications are achieved in one year and can lead to the Level 5 HND Diploma in Sport & Exercise Sciences (Sports Business). You will also be able to practise Sports Massage commercially.

Should I apply?

This course is particularly relevant for those with a keen interest in becoming a Sports therapist or Sports Masseuse or Masseur

Are you ready to help Athletes stay fit and healthy?....

Support

You will be supported in your application to the Student Finance Company

